

## Best practices 2018 - 2019

### Name of the programme: **STUDENT EMPOWERMENT PROGRAM (SEP)**

For the qualitative enhancement of the student teachers through all round development, a series of activities were organised at the college in collaboration with various clubs and associations.

#### The context

Student empowerment programmes are organised as part of both curricular and co-curricular enrichment activities. The practical orientation of life skills required for a secondary school teacher was found as part of a curricular enrichment activity. The workshop intended to develop skills in acquiring practical application of life skills necessary for a teacher. Enhancing students performance in various eligibility test are one of the major focus of the teacher education program. Apart from the curricular activity the first-hand experience of any teacher is different from other teachers.

#### The practice

With a view to develop required competencies among the future teachers and thereby empower the students the following programmes were organised by the college as per the schedule

Date	Topic	Resource Person
07/07/2018	Workshop on Soft skill development	Dr. Sangeetha N.R., Assistant Professor, S.N. Training College, Nedunganda
12/10/2018	Orientation for Teacher Eligibility Tests	Mr. Dibeesh Babu V.I., Director, Florence Academy, Trivandrum
19/01/2019	Institute Visit to SIMC (State Institute of Mentally Challenged)	

#### Orientation for Teacher Eligibility Tests

As part of the student empowerment Programme, an orientation was organized by the Guidance Club of the college. The session provided orientation for various teacher eligibility tests including K-TET, C-TET, SET etc

## Orientation for Teacher Eligibility Tests



### **Workshop on Soft skill development**

The workshop on soft skill development focused on a theme-based programme. Both soft skill and life skills intended to develop personal and professional competencies through various activities. The workshop was conducted for the final year students. The students were given training in the preparation of life skills/ soft skills strategies at the secondary school level. The session included brain storming, Discussions and Evaluation processes as part of capacity enhancement of students.

### **Instititunal Visit**

The institute visit was organized as a career enrichment programme for the student teachers. During the year, the visit was conducted at State Institute for Mentally Challenged, a special education institution for the mentally challenged children.



**STATE INSTITUTE FOR THE MENTALLY CHALLENGED**

The institutional visit not only enable the students to acquire first hand experience about special education systems but also equip them to adapt to an inclusive class room.

### **Evidence of success**

The performance of students in the teacher eligibility test portrays the quality of the student empowerment program of the college. The other activitites organized as part of the student empowerment programme helped to enhance the varius professional competencies including life skills required for a teacher. It was evident that the state level seminar organized by college union 'Dhwani' shows the organizational capacity and professional commitment of a student teacher.
































































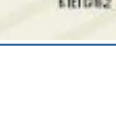

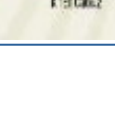
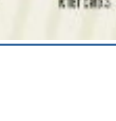







## STATE LEVEL SEMINAR BY COLLEGE UNION 2019



## Achievements in various Teacher Eligibility Tests

**SREE NARAYANA TRAINING COLLEGE**  
MEDUNGANDA, VARKALA, THIRUVANANTHAPURAM

### Achievement Holders 2018-19

 <b>Abhaya G.S</b> CBF HP - Botany	 <b>Abhilash R</b> NET Mathematics	 <b>Renu S</b> CBF SET - Zoology	 <b>Nila Vijayan</b> SET - Malayalam	 <b>Salimol S.L</b> NET English	 <b>Sreelekshmi W.S</b> SET-English, SET, K IET Cate.3
 <b>Jeyaraj P</b> K IET Cate.2	 <b>Manoj M</b> K IET Cate.2	 <b>Praseeth S</b> SET, K IET Cate.2 & 3	 <b>Ramesh R</b> K IET Cate.3	 <b>Najim S.S</b> SET K IET Cate.3	 <b>Sachin S</b> K IET Cate.3
 <b>Mahesh Krishnan T</b> K IET Cate.3	 <b>Anusorn S</b> K IET Cate.2	 <b>Anitha B</b> K IET Cate.3	 <b>Anuritha Murali</b> K IET Cate.3	 <b>Rajitha Renu</b> K IET Cate.3	 <b>A. Anitha Renu</b> K IET Cate.3&3
 <b>Anitha G.L</b> K IET Cate.3	 <b>Anitha E. Renu</b> K IET Cate.3	 <b>Anitha M</b> K IET Cate.3	 <b>Anuritha J</b> K IET Cate.2	 <b>Anitha P.P</b> K IET Cate.3&3	 <b>Anitha A. Shireen</b> K IET Cate.2
 <b>Anitha Renu S.A</b> K IET Cate.3	 <b>Chithra R</b> K IET Cate.3	 <b>Anitha Renu</b> K IET Cate.3	 <b>Anitha S</b> K IET Cate.3	 <b>Anitha S</b> K IET Cate.3	 <b>Anitha S</b> K IET Cate.3
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**Name of the program: SNEHAPOORVAM**

**Objectives of the program**

- To develop social consciousness among student teachers.
- To enhance the interaction between community and Sree Narayana training College.
- To disseminate awareness session on various subjects among the rural community.

**The context**

The period 2018-19 is marked by the period of Kerala flood 2018- 19. So the institutional activities during the year focused on the flood relief programmes volunteered by the student union 2018-2019.

**The practice**

The flood really for activities of the college has been undertaken in different phases. During the initial stage of Kerala flood the students and faculty of the college collected an amount and a purchased the essential materials for the flood affected area and were send to the destination spots through college initiation. In the second phase of helping mentality the teachers and students of the college visited some of the flood affected area and provided necessary help including cleaning of the flood affected schools and relief camps and provision of necessary things such as kitchen utensils during the period in the Alappuzha district. Along with this, the faculty members and students of the institution contributed an amount to Chief Minister's Flood Relief Fund too.





**Evidence of success**

The participation of teachers in the extension service of the college in the form of donations as well as in the form of services have influenced the students in developing desirable attitude among them. They themselves took initiative in collecting and providing financial support for the flood affected area in different places during the period. Not only this some of the students actively participated in the volunteer work activities in the collection camp (Trivandrum Central) without any compulsion.

**Problems encountered and Resources required**

The greatest problem in organizing the activities as part of best practises was the hectic academic schedule with semester-wise examinations and evaluation procedures. Hence the man power resources required for organizing the events were difficult at times. However, the institution tried to manage every works with maximum possible efforts.



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